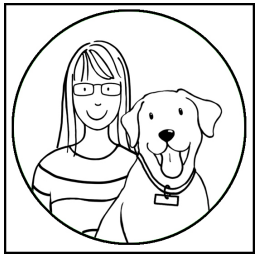
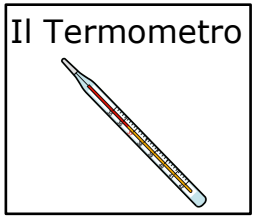
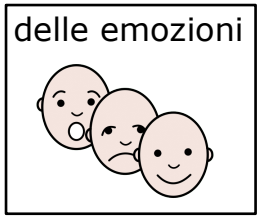
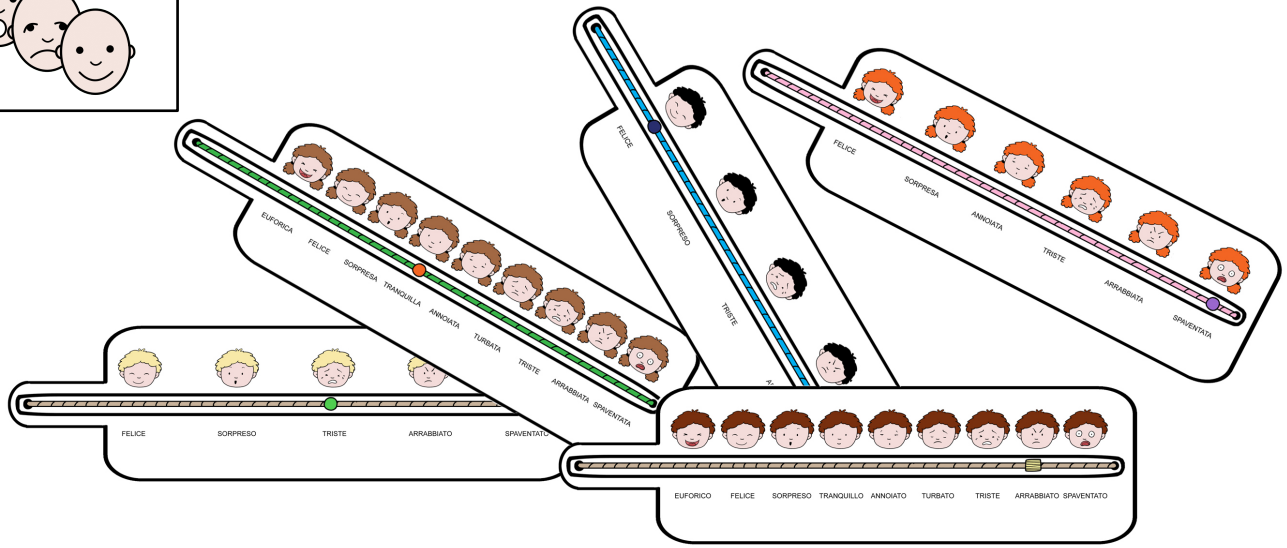
Io resto a CAAsa e costruisco…
Il Termometro delle emozioni!





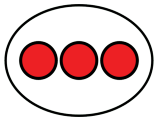




Un progetto a diffusione gratuita

scritto e illustrato da Sara Francesca Peila e Maria Caterina Minardi

TUTTE

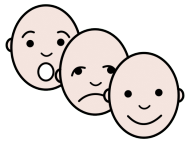


LE PERSONE

E GLI ANIMALI

HANNO

DELLE EMOZIONI



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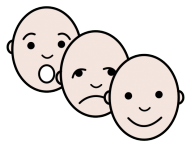
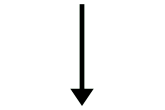


SONO



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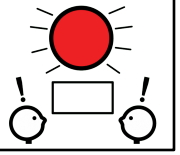
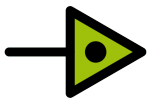


PERCHÉ



CI FANNO CAPIRE

COSA SUCCEDE

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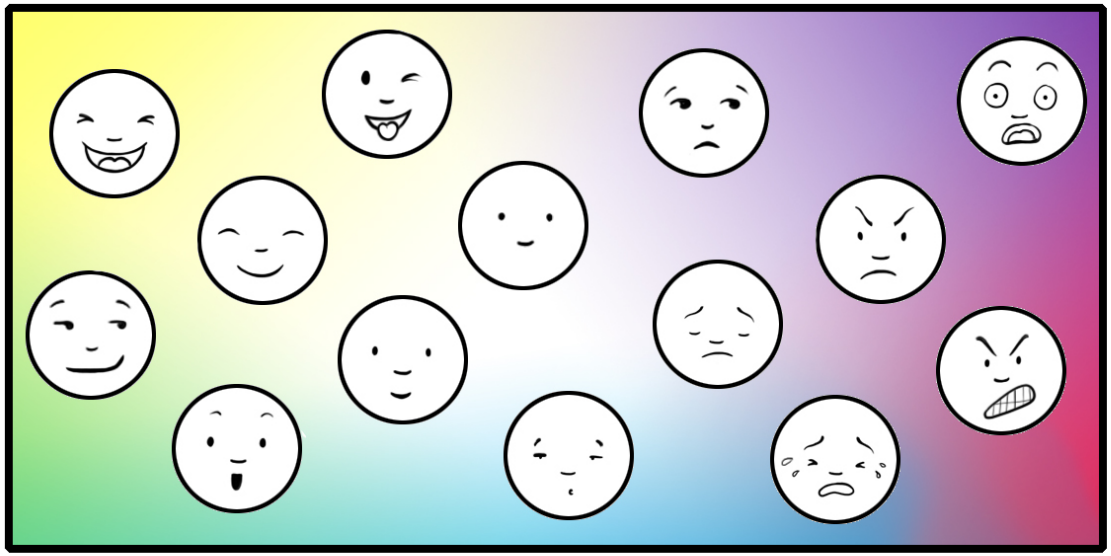
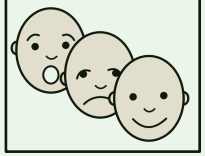


CI SONO

EMOZIONI



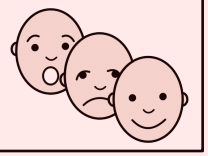
PIACEVOLI

FELICITÀ

TRANQUILLITÀ

SORPRESA

ED EMOZIONI



SPIACEVOLI

RABBIA

TRISTEZZA

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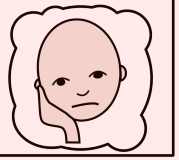
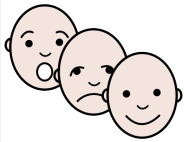


QUANDO

HO

EMOZIONI



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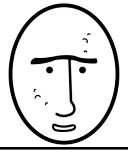

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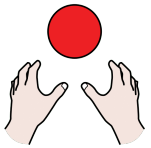
PER STARE MEGLIO

POSSO



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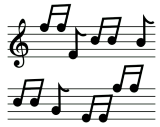
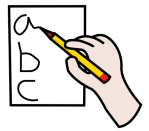
ASCOLTARE

UNA MUSICA

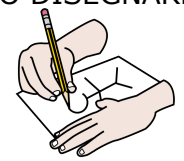


CHE MI PIACE

SCRIVERE



O DISEGNARE



COSA MI FA STARE MALE

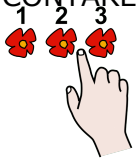
FARE

O GUARDARE

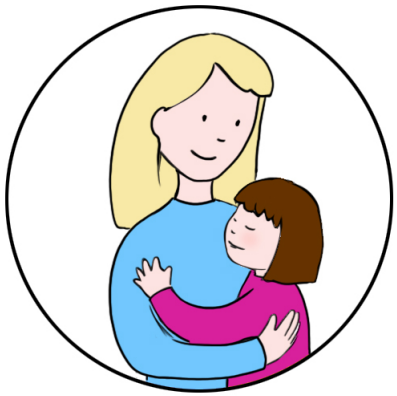
QUALCOSA

DI DIVERTENTE

CONTARE



FINO A 10



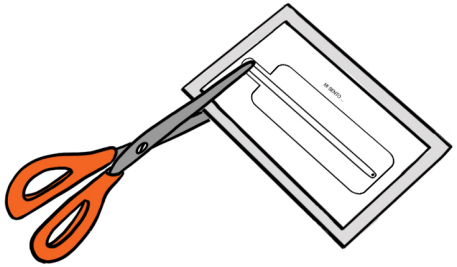
CHIEDERE

AIUTO

O UNA COCCOLA

LEGGERE

UN LIBRO

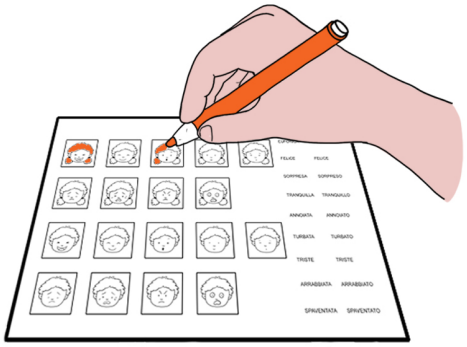


INCOLLA SUL CARTONCINO

E RITAGLIA

IL TERMOMETRO

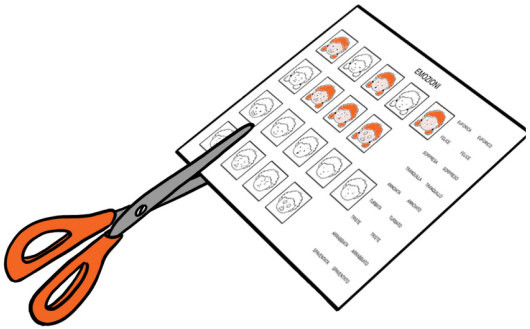
DELLE EMOZIONI



COLORA LE EMOZIONI

DA INSERIRE

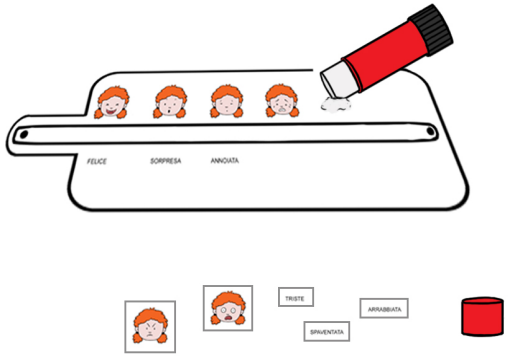
NEL TERMOMETRO



RITAGLIA

LE EMOZIONI

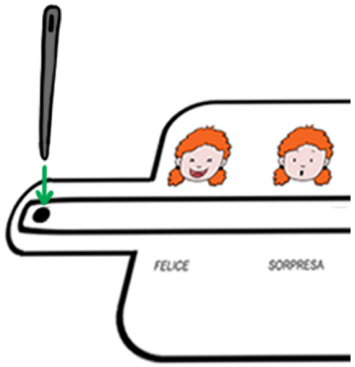
CHE HAI COLORATO



INCOLLA

LE EMOZIONI

CHE HAI RITAGLIATO



FORA IL CERCHIETTO

ALL'INIZIO

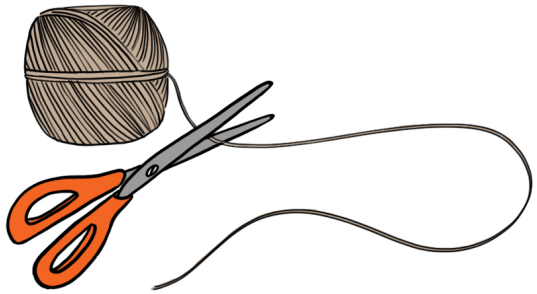
DEL TERMOMETRO

CON UNA PUNTA

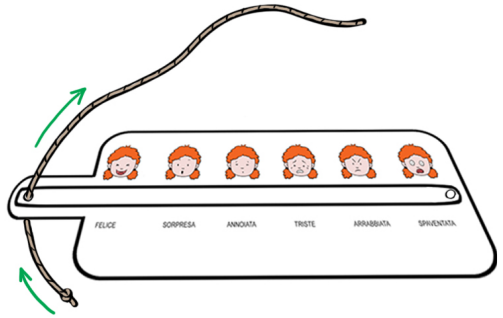
ADESSO FORA

IL CERCHIETTO

ALLA FINE

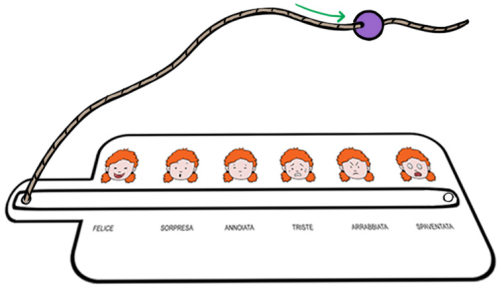


TAGLIA
UN PEZZETTO
DI SPAGO

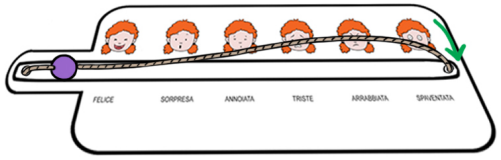


ANNODA E
INSERISCI
LO SPAGO

NEL FORO
A SINISTRA



INFILA
LA PERLA



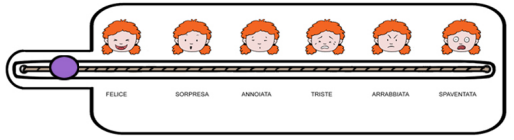
INSERISCI
LO SPAGO

NEL FORO
A DESTRA

CAPOVOLGI
IL TERMOMETRO

E ANNODA

LO SPAGO

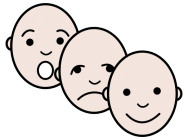


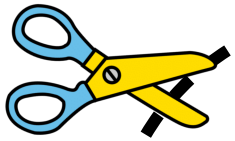
IL TERMOMETRO
È PRONTO!

COME TI SENTI?

FAI SCORRERE
LA PERLA!

MI SENTO...





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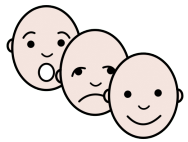

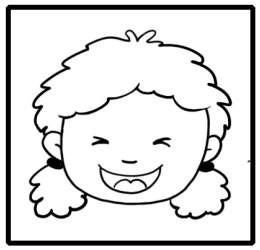

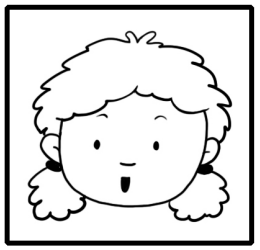
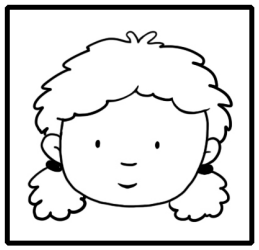
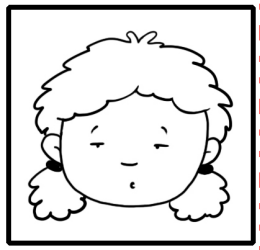

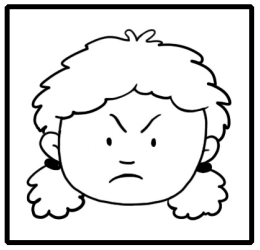
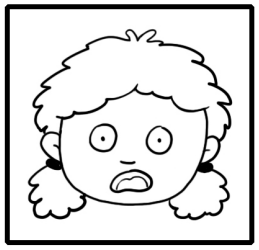

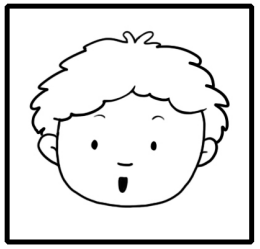
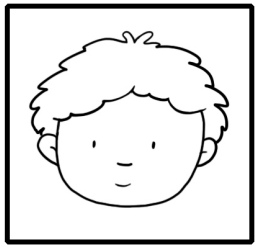

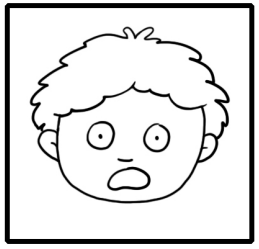

EUFORICA

FELICE

SORPRESA

TRANQUILLA

ANNOIATA

TURBATA

TRISTE

ARRABBIATA

SPAVENTATA

EUFORICO

FELICE

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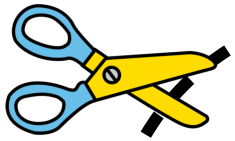
SPAVENTATO